

MBP

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Itinerary

Australia: The Alchemical Path: A Psychological Journey to Wholeness
October 20-27, 2024 + “add on” Kangaroo Island October 27-30

Day 1: Sunday October 20 Adelaide

- Arrivals into Adelaide
- Explore and get settled.
- 5:30pm: Introduction, meet and greet Connecting, Entering the Portal of Our Alchemical Journey. We gather on Sunday evening to introduce ourselves and open the doorway to our weeklong alchemical journey.
- Seminar: We consider how alchemy is rooted in Nature
- 7:30pm: Group dinner (included) (alcoholic beverages not included)

Day 2: Monday October 21 Adelaide

- Breakfast at hotel (included)
- 9-10am Social Dreaming
- 10-12:00 Seminar Darkness Matters
- Lunch (not included)
- 1pm Departure for XX wildlife experience return 5pm
- 5:30-7pm Seminar Bringing the heat and light of consciousness to dark matters. Reducing dark matters into workable material, and the fluid nature of psyche through the lens of Alchemy.
- Dinner on your own

Day 3: Tuesday October 22 Adelaide

- Breakfast at hotel (included)
- 9-10am Social Dreaming
- 10-12pm Seminar Joining the Opposites
- Lunch (not included)
- 2pm guided visit to The Art Gallery of South Australia
- Free time
- Dinner on your own

Day 4: Wednesday October 23

- Breakfast at hotel (included)
- 9-10am Social Dreaming
- 10-12 Seminar Opening to the inner light.
- Lunch (included)
- Nature bush walk/ hike
- Dinner on your own

Day 5: Thursday October 24

- Breakfast at hotel (included)
- 9-10 am *Social Dreaming*
- 10-12 Seminar *Embodying Our New Self*
- 12 *Lunch on your own*
- 3-6pm *Alchemical Painting*
- *Dinner on your own*

Dinner on your own**Day 6: Friday October 25**

- Breakfast at hotel (included)
- 9-10am *Social Dreaming*
- 10-12 Seminar *Creating Mandala in Your Life*
- 1pm *head to the coast for an alchemical walk and mandala in the sand at Glenel Beach then take a walk down jetty road explore the artisan shops.*
- Free time dinner on your own

Day 7 Saturday October 26

- Breakfast at hotel (included)
- 8-9 am *Social Dreaming*
- 9am *departure for Adelaide hills and winery experience with lunch (Included) depart winery and lunch*

Day 8: Sunday October 27 departures and / or optional “add on” Kangaroo Island trip (2night, 3 day trip)

- Breakfast at hotel (included)
- Departures for those not joining the “add on” Kangaroo Island trip
- 6am *depart for Kangaroo Island*
- 9am Ferry to Kangaroo Island
- Pennington Bay Lookout
- Honey Farm Visit (included)
- Guided Tour and Lunch at Emu Ridge Eucalyptus Distillery (included)
- Top Boardwalk, Guided Beach Walk & Ranger Talk at Seal Bay (included)
- Check In at Hotel
- Late Afternoon *Social Dreaming + discussion*
- 6.30pm Restaurant 2 Course Dinner with 1x Drink (included)

Day 9: Monday October 28 Kangaroo Island

- Breakfast at Hotel (included)
- 8.30am Social Dreaming
- 10am Morning Tea at Emu Bay Lavender Farm (included)
- Visit to Flinders Chase National Park - Remarkable Rocks, Admirals Arch and Cape du Couedic
- picnic lunch (included)
- KIS - Kangaroo Island Spirits – Premium Gin Tasting Flight (included)
- Late Afternoon discussion
- 6.30pm - Restaurant 2 Course Dinner with 1x Drink (included)

Day 10: Tuesday October 29 Kangaroo Island/ Adelaide

- Breakfast (included)
- Travel to Penneshaw
- 10.30am Sealink Ferry to Cape Jervis
- 4.30pm Arrival back to hotel Adelaide (included)

Day 11: Tuesday October 30

- Breakfast at Hotel (included)
- Departures

NOTE: Itinerary is subject to change at the discretion of program director.

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