

MBP

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Itinerary

Ubud & Umabian, Bali, Indonesia

January 16-23, 2020

Day 1: January 16, Umabian

- Arrive in Bali: At Denpasar International Airport you will meet the guide from our team who will welcome you and drive you directly to the central, west at a royal family residence in Umabian.
- 5-7 p.m.: Welcome: Meet and greet and trip overview in our private meeting space at our hotel
- 7:30 p.m.: Group welcome dinner

Day 2: January 17, Umabian

- Breakfast at hotel
- Social Dreaming: a communal experience of the deep, socially inter-connected nature of dreaming. Social Dreaming allows us to experience the manner in which information from the deep unconscious spontaneously wells up and informs us about ourselves, the other, and the movement of psychic energy within the collective.
- A Jungian Approach to Dreams: This interactive section weaves together an understanding of the source of dreams, their deep structure, symbolic imagery, and how dream images provide ongoing guidance for ourselves and our clients. The morning sessions include demonstrations of Jung's method of dream amplification, making space for the ongoing integration of theory and practice.
- Mid-morning break: Our staff will provide you with delicious Balinese coffee, tea, and sweet treats
- Jung's Map of the Psyche: A presentation providing an introduction and overview of some of the key concepts that inform Jungian analytic practice (ego, personal unconscious, collective unconscious, The Self, Archetypes, Instincts & Symbols, Psychic Energy and synchronicity).
- Small Group Applications Modules: Conceptual elements utilizing and applying examples from personal life and/or clinical practice.
- Discusses and integrate the material/experiences of the day.
- Lunch
- Afternoon visits to Royal Temple of Mengwi or Taman Ayun Mengwi. This is one of the popular places of interest in Bali where we will admire the stunning sunset.
- Dinner on your own.

Day 3: January 18, Umabian & Ubud

- Breakfast at hotel
- Social Dreaming
- A Jungian Approach to Dreams: Jungian Dream Interpretation
- Mid-morning break
- Archetypes: A Deeper Look: In this interactive presentation, we expand our exploration of the nature and function of Archetypes and their effect upon us personally and collectively. Participants will have the opportunity to identify prominent Archetypes within their own culture and which patterns are currently active within their personal lives.
- Archetypal Diagnosis: Application of Archetypal Theory in Clinical Practice with Constance Romero: This section integrates ICD 9 Diagnosis with Archetypal Theory. This creative form of diagnosis and treatment planning enables the practitioner to effectively combine a Jungian approach with other treatment modalities.

- Break
- Small Group Learning Module: Groups will create and present diagnoses and treatment plans that demonstrate an understanding and integration of archetypal theory with their current treatment approaches.
- Lunch
- Sightseeing: The Lake temple of Pura Ulundanu Bedugul located on the bank of Lake Bratan. Then, we will visit the village of Jatiluwih. It is one of the fabulous sites of Balinese rice fields that has been classified as a UNESCO World Heritage Site.
- Travel to Ubud
- Evening and dinner on your own

Day 4: January 19, Ubud

- Breakfast at hotel
- Social Dreaming
- A Jungian Approach to Dreams: Jungian Dream Interpretation
- Mid-morning break
- The Mystery of Individuation: This interactive session aims to seek out what constitutes Individuation as conceived by Jung and how this looks outside the context of Western culture. Examples of Individuation are explored within culturally varied therapeutic contexts.
- Break
- Small Group Learning: Identify how Individuation appears in your culture of origin and how you see it manifesting in your life and clinical practice.
- Sightseeing Tours: We will visit the funeral temple of Gunung Kawi in Tampaksiring with its ancient memorials engraved in the wall-cliff and dating back to the 9th century.
- Visit the temple of Pura Tirta Empul, a Balinese ancient temple that houses sacred spring water with a number of holy fountains.
- Return to Ubud: Relax and enjoy the hotel pool
- Evening and dinner on your own

Day 5: January 20, Ubud

- Breakfast at hotel
- Social Dreaming
- Jungian Dream Interpretation
- Mid morning break
- Creativity, Active Imagination, & The Transcendent Function: This interactive section uses a multi-media approach to explore the central role of creativity in Jungian Psychology. The development of Active Imagination and how it is implemented is covered through clinical vignettes and historical references.
- Break
- Small Group Learning: Each member of a group will explore an experience of Active Imagination. After sharing with other members within their group, one encounter will be selected and presented to the entire group.
- Lunch
- Afternoon free time or optional tour/hiking on the Campuan Ridge (1 hour, spectacular views!)
- Dinner on your own.

Day 6: January 21, Ubud

- Breakfast at hotel
- Social Dreaming
- Jungian Dream Interpretation
- Mid morning break
- The Red Book Part I: This section includes the fascinating history and development of The

Red Book and its central place in the development of Jungian Psychology. It is the perfect way to integrate and synthesize the theoretical ideas and concepts introduced in our previous seminars. We will explore the dynamic images within The Red Book and Jung's psychological journey as he wrote and painted his way out of a period of personal crisis.

- Lunch
- Afternoon free time in Ubud
- Evening and dinner on your own

Day 7: January 22, Ubud

- Breakfast at hotel
- Social Dreaming
- Jungian Dream Interpretation
- Mid morning break
- The Red Book Part II: Drama Therapy: developed by Constance Romero, Mining Character: Mending the Soul © will be a play reading of three scenes from The Red Book. We will cast the play and enact it together providing participants with a uniquely immersive, fun and emotionally resonant experience.
- Discussion: Tying it all together and how to utilize in practice
- Excursion: Visit craft villages Mas/Kemenuh (wood carving), Celuk village (gold and silver crafts), Batuan village (painting), Batubulan (Batik fabrics). Then, on the outskirts of Ubud, we will visit an ancient Buddhist monastery which is popularly known as The Elephant Cave.
- Evening and farewell dinner

Day 8: January 23, Ubud

- Breakfast at hotel
- Goodbyes
- Departures

NOTE: Itinerary is subject to change at the discretion of the Program Director.

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